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DRILL HOLE RD-08-73 INTERSECTS 11.70 METRES OF 6.12% COPPER, AT REED LAKE DISCOVERY ZONE, SNOW LAKE MANITOBA

Vancouver, B.C., December 10, 2008. VMS Ventures Inc. (TSX-V: VMS) (the “Company”) is pleased to announce results from drill hole RD-08-73 at its Reed Lake Discovery Zone near Snow Lake, Manitoba.

Highlights:

- **RD-08-73 Intersects: 11.70 metres (38.39 feet) of 6.12% Copper**

**TABLE I
 REED LAKE DRILLHOLE RD-08-73***

HOLE ID	FROM (m)	TO (m)	INTERVAL (m)	COPPER (%)	ZINC (%)	SILVER (g/t)	GOLD (g/t)
RD-08-73	314.24	316.96	2.72	1.46	0.09	6.30	0.03
RD-08-73	425.55	433.82	8.27	1.60	0.11	3.31	0.03
RD-08-73	447.59	459.29	11.70	6.12	0.13	9.26	0.33

**True Thickness unknown*

Vice President of Exploration, Dr. George Gale states: “Hole RD-08-73 was drilled below, and at the same azimuth as, holes RD-08-61, RD-08-51 and RD-08-54 near the western edge of our drilling pattern, but approximately 25 m east of the western most section drilled. The intersection confirms that mineralization continues to a depth of more than 350 m in this part of the deposit. The geological and geophysical borehole models indicate that both A and B lenses plunge towards the west and southwest and are still open west of the last section drilled.”

All technical information in this release has been reviewed by Dr. George Gale, P.Eng, who is the Qualified Person for the Company and Vice President, VMS Ventures Inc.

VMS Ventures Inc. currently has a profile on Corebox.net which is updated as soon as assay results are released. The link to visit our Corebox profile is:

http://www.corebox.net/properties/reed_lake/

VMS Ventures Inc. is focused primarily on acquiring, exploring and developing copper-zinc properties in the Flin Flon-Snow Lake VMS Belt. The Company also holds the largest land package considered prospective for nickel-copper mineralization at Lynn Lake, which is to date Canada’s third largest nickel producing camp. The Company’s project portfolio consists of the Snow Lake VMS project, the Lynn Lake Gabbros nickel-copper project, the Nickel Belt project,

the South Bay nickel-copper-cobalt PGE property, and the Eden Lake Carbonatite Complex, Specialty Metals property. All VMS Ventures Inc. properties are located in the mining friendly province of Manitoba, Canada.

ON BEHALF OF THE BOARD OF DIRECTORS

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**The TSX Venture exchange does not accept responsibility for the
adequacy or accuracy of this release.**