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**VMS REPORTS 102.5 M OF 1.09% COPPER in RD-08-33
 AND 12.55 M of 2.01% COPPER IN RD-08-29
 AT REED LAKE, MANITOBA**

Vancouver, B.C., May 6, 2008. VMS Ventures Inc, (TSX.V: VMS) (the “Company”) is pleased to report on its ongoing exploration program at the Reed Project Discovery Zone near Snow Lake, Manitoba.

Highlights:

RD-08-29: 12.55 m (41.17ft) grading 2.01% Cu, 2.07% Zn, 21.99g/t Ag, 1.62g/t Au

RD-08-33: 102.5 m (336.3ft) grading 1.09% Cu, 0.05% Zn, 2.97g/t Ag

Dr. George Gale, Vice President of Exploration states: “Drillhole RD-08-29 intersected near solid sulphide (NSS), whereas drillhole RD-08-33 intersected abundant veinlets of chalcopyrite and pyrrhotite over a 207 metre interval that contains 0.60% Cu. The highlighted 102.5-metre interval in drillhole RD-08-33 includes a 75-metre section averaging 1.26% Cu with shorter higher-grade sections such as 7.49 metres with 1.92% Cu and 2.47% Zn. We know these veinlets are not part of a central hydrothermal vent because there is a general absence of black chlorite. The mineralization, however, is interpreted to be part the footwall hydrothermal system. The system appears to be open to the west and to depth. The new drill program will, in part, be testing the down-dip projections of the deposit at 50 and 100 metre intervals.”

One drill continues on the Discovery Zone and a second drill is now in place to begin drilling the alteration zone discovered at the Tower Zone, 1,000 m to the east.

The data collection phase of the gravity survey is completed and preliminary interpretations are expected shortly. The DeepEM and ground magnetic surveys are near completion with reports expected shortly. Down hole surveying is again underway.

Data from all the surveys are anticipated to arrive in stages over the next ten days with modeling of the results to follow. Drill number three will be mobilized and utilized to test targets stepping out to the west and will follow targets confirmed or established by the various surveys mentioned.

**TABLE I
 DRILL HOLES
 ASSAYS FOR RD-08-29 and RD-08-33**

DRILL HOLE	FROM (m)	TO (m)	INT* (m)	Cu %	Zn %	Ag g/t	Au g/t
RD-08-29	149.70	162.25	12.55	2.01	2.07	21.99	1.62
RD-08-33	162.10	264.60	102.50	1.09	0.05	2.97	0

*True thickness unknown

All technical information in this release has been reviewed by the Qualified Person, Dr. George Gale, P.Eng. Samples are prepared and analyzed at TSL Laboratories in Saskatoon, Saskatchewan using ICP-MS and fire assay analytical methods.

VMS Ventures Inc. is focused primarily on acquiring, exploring and developing copper-zinc properties in the Flin Flon-Snow Lake VMS Belt. The Company also holds the largest land package considered prospective for nickel-copper mineralization at Lynn Lake, which is to date Canada's third largest nickel producing camp. The Company's project portfolio consists of the Snow Lake VMS project, the Lynn Lake Gabbros nickel-copper project, the Nickel Belt project, the South Bay nickel-copper-cobalt PGE property, and the Eden Lake Carbonatite Complex, Specialty Metals property. All VMS Ventures Inc. properties are located in the mining friendly province of Manitoba, Canada.

ON BEHALF OF THE BOARD OF DIRECTORS

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The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this news release.