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## **VMS ANNOUNCES 2009 EXPLORATION PLANS FOR THE COPPER PROJECT AREA, SNOW LAKE, MANITOBA**

Vancouver, B.C., June 25, 2009. VMS Ventures Inc. (TSX-V: VMS) (the “Company”) is pleased to announce the details of the upcoming field program on the Copper project. The Copper project is situated approximately 45 km south and east of the town of Snow Lake and consists of 24 claims, three Mineral Exploration Licenses and one Mineral Lease.

The Copper project is the largest contiguous land package in the Company’s Snow Lake property portfolio with a total area covering 23,908 hectares (92.31 sq miles). Geologically, the project is underlain by a north-northeast-trending belt of Proterozoic volcanic rocks similar to those that host multiple base metal massive sulphide-type deposits in the Snow Lake mining camp. This belt is host to 3 separate VMS mineralized occurrences, the Copperman, the Sylvania and the Koff zones. The Copperman deposit is held under option by VMS Ventures and the Company’s southern most exploration permit covers the 9km of ground separating the claims hosting the Koff and the Sylvania zones.

Dr. George Gale states: “Given the proximity of two significant VMS occurrences on either side of the exploration permit, and the abundant untested airborne conductors identified in the 2008 VTEM airborne geophysical survey of the claims, the area is considered to be highly prospective to host additional deposits offering numerous targets to be investigated.”

The northern limit of the project area hosts the Copperman zinc-copper deposit with non-compliant 43-101 reserves reported in Manitoba Government reports as 221,308 tonnes grading 2.63% Cu and 4.46% Zn. Grab samples from trenches at the deposit assayed up to 12% Zn and 2.3% Cu. Currently, the Lease is held under option by VMS Ventures.

South of the Copperman deposit the highly prospective volcanic rocks are obscured by the younger covering dolomite rock that gradually increases in thickness to the south. Accordingly, indirect methods of exploration based on modern geophysics and geochemistry techniques are being utilized by the Company to determine exploration objects for diamond drilling.

Subsequent to the assessment and compilation of previous drill results, on both the Copperman copper-zinc deposit and the Copper Project, VMS Ventures Inc. conducted an airborne geophysical survey over the northern part of the property in early 2007 using GEOTECH’s VTEM system. This new airborne geophysics system permits the recognition of geophysical responses from base metal-mineralized zones at depths not attainable by historic airborne systems. A large number of well-defined EM conductors with associated magnetic responses were identified. These were followed up in 2008 with reconnaissance soil geochemical surveys to assess the geophysical anomalies in terms of their base and precious metal content. This work resulted in the definition of six reduced areas of anomalous geochemistry within the larger project area. Detailed soil geochemical surveys based on partial extraction techniques will be undertaken in 2009 in each of these areas. Modeling of the geophysical responses is being undertaken by Condor Geophysics of Lakewood, Colorado and upon completion; integration of the geophysical and geochemical data will be undertaken. Significant and coincident geophysical and geochemical responses

identified as "Exploration Objects" will become the focus of follow-up diamond drilling contemplated for late summer 2009.

All technical information in this release has been reviewed by Dr. George Gale, P.Eng, who is the Qualified Person for the Company and Vice President of Exploration, VMS Ventures Inc.

VMS Ventures Inc. currently has a profile on Corebox.net which is updated as soon as assay results are released. The link to visit our Corebox profile is: [http://www.corebox.net/properties/reed\\_lake/](http://www.corebox.net/properties/reed_lake/).

Investors are invited to visit the VMS Ventures IR Hub at <http://www.agoracom.com/IR/VMSVentures> where they can post questions and receive answers or review questions and answers already posted by other investors. Alternatively, investors are able to e-mail all questions and correspondence to [VMS@agoracom.com](mailto:VMS@agoracom.com) where they can also request to be added to the investor e-mail list to receive all future press releases and updates in real time.

VMS Ventures Inc. is focused primarily on acquiring, exploring and developing copper-zinc properties in the Flin Flon-Snow Lake VMS Belt. The Company also holds the largest land package considered prospective for nickel-copper mineralization at Lynn Lake, which is to date Canada's third largest nickel producing camp. The Company's project portfolio consists of the Snow Lake VMS project, the Lynn Lake Gabbros nickel-copper project, the Nickel Belt project, the South Bay nickel-copper-cobalt PGE property, and the Eden Lake Carbonatite Complex, Specialty Metals property. All VMS Ventures Inc. properties are located in the mining friendly province of Manitoba, Canada.

ON BEHALF OF THE BOARD OF DIRECTORS

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