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## **VMS VENTURES TO DRILL FIVE LARGE CONDUCTOR PLATE MODELS IN A TWO PHASE PROGRAM ON, AND NEAR, ITS TOWER ZONE PROPERTY**

Vancouver, B.C., October 15, 2009. VMS Ventures Inc. (TSX-V: VMS) (the “Company”) is pleased to announce a drill program to test five distinct substantial conductive zones, primarily modeled from DeepEM geophysical surveys. Additional data used to develop the targets was gathered from VTEM airborne and borehole geophysical surveys, as well as geochemical surveys and drill core from earlier VMS drilling.

The program will take place in two phases. Phase one will consist of a minimum of 1,250 m of diamond drilling and up to 5,000 m. It is planned that each hole will undergo electro-magnetic borehole surveying, upon completion, to look for adjacent conductive sulphide bodies not identified in the drill core, and to help guide geologists towards the zones of greater conductivity.

The first phase is expected to begin within three weeks and will focus on three large conductor anomalies located on the Tower Zone property, the REED 5188 claim. These targets are on high ground, just south of provincial trunk highway 39. Tendered drill contracts for Tower Zone phase one drilling will be received at the Snow Lake field office no later than Friday, October 23<sup>rd</sup>.

The first target, Target M-1, is modeled as a conductive plate. To begin, a 450 m long drill hole will test the centre of the plate, where the geophysical anomaly appears strongest. This hole also tests an area with geochemical anomalies that may be associated with this conductor.

Target M-2 is another conductive plate with over 400 m in strike length. It is located on the northern boundary of the REED 5188 claim and the plan is to test it with an initial 350 m long drill hole. An earlier borehole survey of hole TZ-08-01 identified a strong off hole anomaly directly in front of the borehole and possibly within 25 to 50 m of the end of hole TZ-08-01, and so deeper testing of this target is a high priority.

Target M-3, also a conductive plate, has a strike length of approximately 300 m and located to the east of M-2. An initial drill hole of 450 m is planned to intersect the strongest part of this anomaly.

VP Exploration, George Gale, states: “The planned drill holes are designed to explain the source for the strong conductive anomalies documented in several independent geophysical surveys conducted by the Company. The association of alteration and copper and zinc sulphide minerals in the general area of the anomalies increases our prospects of a VMS deposit being the source. Only drilling can confirm this, but to date the evidence is considered very encouraging. Several of the holes previously drilled at the Tower Zone have passed close to, or along the end of, the newly modeled plates and the only conductive minerals in those holes are pyrite and pyrrhotite. This gives us further encouragement, given that graphite mineralization can commonly appear as a strong conductor and is often a disappointing explanation for otherwise exciting drill targets. The addition of the deep penetrating geophysics has greatly enhanced our chances of locating these targets.”

The second phase of drilling will target anomalies located in areas of lower topography where swamp impedes access to drill locations. These targets are to the northeast of the Tower Zone and will be tested following freeze up. Depending on weather conditions this phase of drilling is planned for December 2009 or January 2010.

The Tower Zone drilling will take place approximately 1,000 m to the east of the Discovery Zone copper-zinc mineralization discovered in 2007. See the press release dated October 4, 2007 at the following link: ( <http://www.vmsventures.com/newsroom/NRG107.asp> )

All technical information in this release has been reviewed by Dr. George Gale, P.Eng, who is the Qualified Person for the Company and Vice President of Exploration, VMS Ventures Inc.

VMS Ventures Inc. currently has a profile on Corebox.net which is updated as soon as assay results are released. The link to visit our Corebox profile is: [http://www.corebox.net/properties/reed\\_lake/](http://www.corebox.net/properties/reed_lake/).

Investors are invited to visit the VMS Ventures IR Hub at <http://www.agoracom.com/IR/VMSVentures> where they can post questions and receive answers or review questions and answers already posted by other investors. Alternatively, investors are able to e-mail all questions and correspondence to [VMS@agoracom.com](mailto:VMS@agoracom.com) where they can also request to be added to the investor e-mail list to receive all future press releases and updates in real time.

VMS Ventures Inc. is focused primarily on acquiring, exploring and developing copper-zinc properties in the Flin Flon-Snow Lake VMS Belt. The Company also holds the largest land package considered prospective for nickel-copper mineralization at Lynn Lake, which is to date Canada's third largest nickel producing camp. The Company's project portfolio consists of the Snow Lake VMS project, the Lynn Lake Gabbros nickel-copper project, the Nickel Belt project, the South Bay nickel-copper-cobalt PGE property, and the Eden Lake Carbonatite Complex, Specialty Metals property. All VMS Ventures Inc. properties are located in the mining friendly province of Manitoba, Canada.

ON BEHALF OF THE BOARD OF DIRECTORS

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